

What We Do in Our Sessions

Biggin Hill Primary School

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Biggin Hill primary school were an absolute pleasure to teach on Wednesday 7th. Enthusiastic from the start, all students were immersed and eager to be involved in answering questions around the stadium during their tour and were excited at the prospect of being behind the scenes. The stadium tour included a tour of the stands, sitting down in the dugout, walking through the tunnel, and visiting the changing rooms, which the children seemed to particularly enjoy. The questions were tailored towards targeting mathematics and literacy skills, ranging from working out the capacity of each stand, working out how many years the stadium has been open for, and creating their own manager's speech in the changing rooms. Along the tour I was asked some brilliant questions by the children who were genuinely really interested to learn and expand their knowledge.



During the stadium tour, the children took part in a warm-up and were taught the importance of warming our bodies up for physical exercise. The children were keen to show me examples of dynamic and static stretches/warm-up exercises and all checked their heart rate after the exercises to see how it had changed.

After a lunch break, Biggin Hill took part in a Kahoot quiz to test their knowledge.

I was really impressed with how well everyone remembered, understood, and utilised the morning's information to answer the quiz questions.

At Run with It we emphasise the importance of ensuring the children have fun whilst they are with us at MKM Stadium, so after the quiz we took the children across to the arena to play some games to burn off some energy! We played dress the scarecrow and had a penalty shoot-out.

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More broadly, the impact the day of activities had on all the children was so lovely to see!

The year 3 class at Biggin Hill primary school who visited Run With It represented their school very well. They were extremely polite, enthusiastic, and excited to learn. I look forward to meeting the rest of the year in the upcoming weeks at MKM Stadium.

All the children were keen to get involved, especially the schools' promising goal keepers who loved taking it turns to be in goal to practice their saving skills!

One child within the year 3 class with a disability required extra guidance, help and assistance throughout the day. The teaching assistant of the year 3 class who works very closely with the child at school said to me at the end of the

day that he had not spoken as much as he that day in a very long time - he had said 'this is the best day ever' to her. Finding out that he said this really made my day. Not long after the teaching assistant told me this, the boy directly said to me 'thank you so much'. The interactive sessions lead by Run with It are consciously tailored towards every single child, regardless of ability, so to recognise the positive impact the session had on the boy was extremely rewarding.



Written by Rebecca Bell
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